

# Ben Ledi View

Oct/Nov 2022

Issue 326

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# Ben Ledi View

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The *Ben Ledi View* is a community newspaper produced and distributed bi-monthly by volunteers free of charge to approx. 2,000 households and businesses in the Callander area. Letters and articles published in the newspaper do not necessarily reflect the views, beliefs or opinions of the Editorial Committee, who also reserve the right to shorten, edit or not publish any particular letter or article. Contributions will only be published if accompanied by a contact name and address; these will be withheld at the author's request. Articles and advertisements are accepted and printed in good faith.

The *Ben Ledi View* is published by

**Ben Ledi View Community Newspaper SCIO (Registered Charity SC 043744).i**

Cover Photo by Carol McGowan



## Hello Readers

On page three of this month's edition, we have news of an exciting new scheme, the Ian Finlay Path Fund. Callander is surrounded by beautiful countryside and depends on a good network of paths for both locals and tourists to access it. If you think that a group you are involved with, could benefit from funding to improve or establish a local path, then get in touch with them.

On the topic of having your say in local affairs we publicise the 2022 Stirling Council Residents Survey on page 8. We all like to have a wee moan about Stirling Council every now and then. I think we should combine this with positive suggestions on how they might change a few things. See our article on page 8 to see how you can complete this survey.

There is one local facility that is being currently redeveloped, the Golf Club. The new management at the club are not just looking to promote the playing of golf, but are wanting it to develop as a centre for other outdoor activities, such as walking and cycling. It certainly is in a prime location for such an activity centre, the views alone are superb. I wish them the best of luck with this.

Another local facility that's had a revamp is McLaren leisure centre. They recently had an open day to celebrate their brand-new fitness suite. Now you

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have no excuse not to start your get fit regime!

One super event took place in August on Bridgend, the Canmore Trust Street Ceilidh. The Glasgow Vet School Ceilidh Band and the community of Callander danced the evening away, raising funds for this most deserving cause. It would be great to see this as an annual event. See page 24 for further details.

The extensive woodland around Callander is a wonderful resource. It attracts many tourists and is a valuable leisure facility for locals alike. And, not forgetting, it provides many needed jobs in managing the commercial activity of much of the woodland. For a chance to express your view and shape the future development of these areas please see instructions on page 28.

Last week we had the first social event for the Ben Ledi View volunteers since before the pandemic. We had a lovely evening at the Callander Youth Project; they certainly have a fine view out of the back windows! We were entertained by Alan Davidson and Steve Willets's pub quiz, which was great fun. If you'd like to join us for our next event then keep an eye on social media as we will publicising a volunteer recruitment drive event shortly.

## Convenor

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## Christmas Events

Here are early details for some Christmas events planned for Callander this year:

- The Christmas Fair in Ancaster Square will be held on Saturday 3rd December including Santa's Sleigh parade, Christmas lights switch on, mince pies, carols and a visit from Santa.
- Callander Window Wanderland will be on Friday 9th to Sunday 11th December. The theme this year is support for communities in Ukraine with lots of blue and yellow to represent the Ukraine national flag.
- Callander Seniors Christmas party will be on Wednesday 15th December in the Youth Hub, Bridgend. Full Christmas meal with music by Squeeze and Teeze, dancing and laughs. Booking for places will be available at the Post Office in late November.
- Further details will be in the next BLV and on social media and we will produce a diary of events to be posted on notice boards and shop windows which we hope will include all Christmas public events and celebrations in Callander.

*Richard and Mary Johnson*

## STEP: Free Business Support Appointments

Rural Stirling is bustling with vibrant entrepreneurial communities. In fact, according to STEP, the enterprise trust which has been supporting businesses in Stirling for nearly 40 years, rurally based businesses make up 47% of the business community. Since 1991 STEP has been dedicated to supporting rural businesses throughout the Stirling region and is now investing further in its rural business support provision. Today, through the delivery of Business Gateway Stirling, STEP supports on average 1,400 rurally based businesses each year. The company is now making its support even more accessible by bringing one-to-one Business Adviser appointments to Aberfoyle, Bannockburn, Callander, Drymen and soon in Cowie. Businesses can book a free 1-hour appointment with a Business Adviser, and they will work with them to understand their goals and discuss what funded support is available. Businesses may also be able to access specialist rural HR, Recruitment, Marketing, IT and Digital Infrastructure support through an adviser. Mike Barclay, Business Support Manager said 'Rural businesses make up almost half of Stirling's business economy and each has its own set of unique challenges versus its urban counterparts. The area is the ideal environment for business growth and we are delighted our advisers will have the opportunity to work in and base themselves in the rural community more.'

### Meet Your Local Business Adviser: Stephen Cranston

In Callander, appointments will be held on the first Tuesday of each month at the Callander Hostel with Business Adviser Stephen Cranston.

Stephen said 'Callander is a bustling town, made up of a varied range of innovative businesses both starting up and growing. In fact, 11% of the rural companies Business Gateway Stirling deals with are from Callander, so I am delighted to be able to support these businesses on their doorstep.'

To book an adviser one-to-one appointment call the Business Gateway Stirling Team at STEP on [01786 498496](tel:01786498496).

*Jenn McArthur, STEP Marketing & Business Development Manager*

## Ian Finlay Path Fund

We wanted to make you aware that the new £1.5 million Ian Findlay Path Fund is now open for applications. This fund will support the improvement of local paths within and between communities, making it easier for people to travel by walking, wheeling, or cycling for daily journeys. It will support projects that will improve usability and accessibility of paths, which in turn will reduce inequalities and improve access to greenspace and its benefits to mental health. Community groups, third sector organisations and charities wanting to improve the accessibility of their local path networks are eligible to apply for between £10,000 to £100,000. To find out more, including what type of projects will be funded and how to apply, please go to [www.pathsforall.org.uk](http://www.pathsforall.org.uk)

*Caitlyn McDermid, Development & Engagement Coordinator, Stirlingshire Voluntary Enterprise*

**Visit Our New Website at <https://benlediview.org>**

## Coffee, Cake, Chatter



The Pottingshed Cafe bistro, a cosy relaxed refuge in the walled gardens of Roman Camp Hotel; serving coffee, snacks, lunch & dinner.

Roman Camp Hotel, Walled Garden, Callander FK17 8BG  
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 Bistro 01877 332692 ~ Hotel 01877 330003

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### Do you need an affordable home ?

Rural Stirling Housing Association aims to support local communities by providing quality homes at affordable rents for families, couples and single people in housing need.

We currently have over 600 rented houses and flats. Around 40 of these become available for rent each year. We currently have properties in the following communities:

Aberfoyle	Doune	Killin	Strathgry
Balfour	Drymen	Kinlochard	Stronachlachar
Buchlyvie	Gargunnoch	Kippen	Tyndrum
Callander	Gartmore	Locheamhead	
Deansston	Killearn	Strathblane	

We may be able to build in other communities in the future – please let us know if you want to live in a village that is not listed above. Information on local housing need and demand helps us plan for the future.

If you are interested in renting one of our properties when they become available please contact us:

Rural Stirling Housing Association  
 Stirling Road, Doune FK16 6AA

01786 841101  
[enquiries@rsha.org.uk](mailto:enquiries@rsha.org.uk)  
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### Callander Outreach Service

Wednesday 10am – 4pm

Callander Library

Drop-in, no appointment necessary

(home visits also available)

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# Callander Community Council (CCC): Autumn Update

## July To September

This update is slightly shorter than normal, partly because much of the period covered has coincided with holidays. As a result, these months have largely been used to tie up outstanding issues from earlier in the year and to agree priorities for the next few months, reflecting ongoing public input and general outside developments.

## Co-opted Members

We will be announcing the application dates for new co-opted members shortly. We hope readers will spread the word; we see widening the cross-community representation and the Community Council's range of experience and skills, as a key factor in ensuring we can fully deliver our remit as a 'bridge' between the community and outside bodies.

We also welcome Associate Members, with a specific interest focus. Rest assured, this does not have to mean attending endless meetings. It involves listening, doing and communicating.

If you have questions about either of these, contact the Secretary (see below).

## Ongoing Community Concerns

Three major concerns which have been voiced over the last few months include:

- policing
- flooding
- Bracklinn Falls Bridge replacement

By the time you read this, we are hoping that representatives for each of the organisations responsible for these areas will have taken part in the September meeting, providing factual updates and responses to questions sent in advance.

As each slot is having to be limited to thirty minutes, we foresee these exchanges as a prelude for further, more specific meetings and for agreeing workable timeframes for accurate information, discussion and action.

In addition, the Local Place Plan consultation results are likely to have been published, which gives us a focus for important decisions which will affect all our lives in the future.

## Meeting Frequency and Dates

We have reduced the number of business meetings to nine plus an AGM per year, in keeping with most of the other Community Councils in the area. We have moved the meetings to the third Monday of the relevant month, to avoid school and other holidays wherever possible, as well as stopping the date clash with a neighbouring Community Council. The dates are posted in the library, on the Main Street noticeboard, and online.

## Stirling Council Support

We are grateful for the ongoing support from the Stirling Council Community Engagement team. This has included attendance at our meetings, when possible, and a Training Programme to ensure we are following the Scheme of Establishment rules and any subsequent developments. In this way, we can discuss related areas and practical problems constructively. We appreciate the time and commitment.

## Next Issue

We hope to be able to report on progress on all the areas mentioned here in the next issue. Meanwhile, we look forward to hearing from you.

Contact: [Secretarycallandercc556@gmail.com](mailto:Secretarycallandercc556@gmail.com)

*Susan Holden, Chair, Callander Community Council*

## Bingo Sessions

Calling all pensioners! Might you be interested in participating in an afternoon Bingo session, perhaps once a month, during autumn and winter, from October onwards? Transport could be provided, if required, by members and friends of Rotary in Callander. If you would like to give Bingo a try, please let me know by phone, on [01877 330446](tel:01877330446) or [07710 232908](tel:07710232908) or via email, [jenshearer@gmail.com](mailto:jenshearer@gmail.com).

If there are sufficient expressions of interest, we'll hope to set up the first session some afternoon in October. I look forward to hearing from you.

*Jen Shearer, for Rotary in Callander*



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## A stitch in time saves nine (the credit crunch and pet care)

We are seemingly at the thin end of the wedge of the financial challenges facing us over the next year and more. But sadly, I am already seeing a much higher level of emergencies or 'must be seen now because my pet is suffering'. I am seeing more problems not picked up and dealt with early, resulting in conditions being more advanced, serious, complicated, and expensive to treat. This can result in additional suffering for the pet, upset to the owner and stress to the vets and nurses because the person cannot afford to treat their pet and the pet has to be euthanised. It is better all round to keep them healthy and to pick up the problems early.

**Step one:** Know what is normal for your pet and understand that cats are masters at hiding illness from other animals and us. Dogs are also hard-wired not to show weakness in a pack (2 and 4 legged members) or to others outwith the pack and prey animals (rabbits, guinea pigs etc) do the same not to be predated. So, you must look carefully for the small clues that things are starting to go wrong and let your vet know. Their 6 month or annual MOT at the vet plays a vital part to pick things up early, examining the bits you can't see and asking the questions that pick up things early so your pet lives a long and healthy life.

**Step two:** check regularly for changes so that you can catch things early. If you are unsure ask your vet. Again, catching a problem early often makes it easier, less stressful, and less costly to treat.

**Step three:** preventative care is better than reactive care. It pays to give your pet protection against infectious diseases by vaccinating them and giving routine parasite control. Our preventative health care plan makes it cheaper and spreads the cost evenly over the year for these things. Keeping them a good weight reduces the risk of many conditions. Good dental hygiene not only reduces smell, discomfort and tooth loss but also disease elsewhere in the body. Keeping your pet fit and strong with play and exercise not only helps them stay healthy but helps your health too!

**Step four:** don't let too much time go by. Our pets age at a much faster rate than us as they live shorter lives. 12 months is relatively a long time in the life of a dog or cat and a lot can change. So, we have 6 month check ups on our preventative health care plan, 2 opportunities per year to catch things early. But we rely on you to keep vigilant and let us know early of any changes in your pet.

Let's think smart and get you and your pet through this next challenging time.

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### Have your Say

The 2022 Stirling Council Residents' Survey is officially underway.

Your View will give people living locally the chance to have their say on satisfaction levels with the Council and its services, following on from the last survey in 2019.

The survey is open to every Council resident, as well as those who work or study in the Stirling Council area.

The survey will run until 20th October and is accessible via [engage.stirling.gov.uk](https://engage.stirling.gov.uk) or via direct link at <https://bit.ly/ResidentsSurvey2022>

Paper copies will also be available in local libraries.

### Callander Golf Club Re-imagined!

As golf continued this season with members, visitors and open competitors enjoying the course in possibly the best condition for many years, plans for a new clubhouse and a new vision for the club are being developed. The club sees more community involvement firmly as part of its future, with aspirations for this unique and beautiful setting to become an outdoor community hub. We will be sharing our vision with key Callander community groups and visionaries, and if you would like to get involved, please contact Ken Milligan through [secretary@callandergolfclub.co.uk](mailto:secretary@callandergolfclub.co.uk)

In the future we will be highlighting some new members that have just started on their golf journey through our Get-Into-Golf school. And if you're interested in keeping fit and youthful, keep a lookout for an article on the amazing health benefits of golf!



### Jon's Thoughts

I'm sorry I missed you in the last issue of the BLV. First, I got the dreaded yucky covid, (I'm fine now, thank you for asking!) and then I took some vacation to get some proper rest. Humans are made to work, move, eat, and rest. We do best when we do everything in balance, and rest is an integral part that we ignore at our peril. In the early chapters of the Hebrew Bible (think of it like an instruction book that Christians and Muslims use, too) it says that God gave us one day to rest. We call it the Sabbath, and for every six days we work, we are given a day off to simply rest, and so for thousands of years Jews, Muslims, and Christians took a whole day off. In the Middle Ages throughout Europe, the Sabbath was encouraged, and for Christians it is on Sunday. We've done this for 2000 years because we choose to rest on what was traditionally the first day of the week (Saturday is the last day of the week in old calendars) because that was the day of the first Easter (Jesus's resurrection day) so it seemed a good day to take off in celebration. I believe everyone needs more of this ancient Sabbath tradition in their lives. I think of it like our nightly sleep: we need a weekly dose of long rest enjoyed all at once. Imagine if you were to sleep 90 minutes at a time, in five separate batches through the day: you'd get 7.5 hours of rest over the day which is pretty good, admittedly. But would you perform as well as if you'd got 7.5 hours straight through? You know the answer: no, you'd be zombie. That's because you'd never get those really deep sleep stages of sleep and you'd never be truly refreshed. The same is true for a weekly day of rest; if you try and rest a little each day but never get one deep rest day each week, you're gonna be a zombie.

I know what you're going to say: "nice suggestion Jon, but I have so much to do!" I get it, I've got a crazy life of busyness and conflicting pressures, too. Maybe you can't take a day off because you need a second job, or a day to get the messages and do meal prep, or to drive two hours up north to look after a family member. No extra pressure intended, rather the opposite. Maybe you can't find a whole day, but can you find another couple of hours each week to take your foot off the accelerator? Can you drop one little thing off your to-do list that really doesn't matter as much as getting more rest? Can you find a moment to turn off and tune out a world that wants you to toil and spin ever faster? What might it look like if everyone were to find a bit more time for deep rest? A little more calm, a lot more peaceful, and a whole lot more pleasant, I expect.

*Jonathan Connell*



## Retracing Their Father's Steps

Earlier on this year, I had the pleasure of meeting and interviewing a group of second - generation members of the "World War Two Norwegian Brigade". They were visiting Callander as part of their tour of Scotland, retracing the steps of their fathers who were stationed here during the Second World War. Their visit to Scotland enabled them to experience the places their fathers had talked about and also provided them with further information for their second book which they are hoping to publish soon. This second book will concentrate on the period of Autumn 1941 to May 1945, which was when the Norwegian Brigade was placed under Scottish Command and officially became part of the Invasion Defence of the British Isles. Their first book, entitled "The Whaling Brigade", focuses on the years 1939 – 1941 and how the Norwegian Brigade was initially formed. The reason behind the title is that a large number of the Norwegians were "whalers" and arrived in the UK once the whaling season had ended in the Spring of 1940. Whilst in Scotland, they visited a number of other places where the men were stationed including Dumfries (which is where the Brigade went when they first arrived in Scotland), Banff, Hamilton and Dingwall. However, the focus of our discussion was their fathers' time in Callander, as they spent much of their time here.

The Norwegian Brigade is often described as "Norway's forgotten army" and consisted of a large number of soldiers from the Norwegian military force who fled Norway in June 1940 after it was invaded by the Germans. The United Kingdom offered military assistance to them and as a result, these men were stationed across Scotland. As Norway is a largely mountainous country and Scotland has a similar terrain, the men benefitted from training in mountain warfare, which was believed to be the best training needed for these men to defend their country when they returned to Norway.



Norwegian visitors with  
members of the Heritage society

The initial welcome the Norwegians received when they arrived in Callander was one of wariness and hostility, but the locals soon began to warm towards them and the men started to settle into their life in Scotland. They were stationed in the Hydropathic Hotel, which was also nicknamed the "Palace Hotel" and they soon became deeply integrated into the local community. They taught many of the children of Callander how to ski and in the evenings many attended concerts and language classes. They also enjoyed attending the dances that were held at the local Dreadnought Hotel and for many, romance blossomed at these dances and this was where many met their future Scottish wives.

For many of the men in the Norwegian Brigade, their time in Scotland came to an end on the 5th of May 1945. They attended a special "Thanksgiving Service" in the church at Stirling Castle and were then shipped back to Norway the following day.

An indelible link however, had been forged between Scotland and Norway which would stand the test of time. Many of the men decided to remain in Scotland to marry and have children, whilst those who returned to live in Norway would always remember the generosity and kindness of the Scots and would return to visit Scotland later on in their lives.

The current focus of the men is to digitise a collection of their fathers' photographs which have been largely kept secret for eighty years. Many of these photos are now available to view on the Callander Heritage Society Facebook page and will hopefully become more widely available to view in the future.

Finally, I would like to thank George Kjell, Georg Odbjorn and Catherine for this interview and also the members of the Callander Heritage Society for this amazing opportunity.

*Bethan Jones*



## Callander

Messy Church will be meeting on  
Saturday 29th October and Saturday  
26th November at 10.30 am in  
Callander Kirk Hall, South Church  
Street

Please come and join us for fun,  
food and family worship

Look forward to seeing you there

If you would like to know more  
about Messy Church, then please feel  
free to speak to Lara Rawson on  
01877 339324



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## Update on Local Health Services

A number of changes and improvements have been made to local health services across Forth Valley to help people get the right care in the right place, as quickly as possible.

### More Services Available at Your Local GP Practice

GP Practices remain open and continue to offer a mixture of face-to-face, telephone and video appointments. A wider range of healthcare staff are now working in local GP Practices across Forth Valley to help you access more health services and support in your local community. These include mental health nurses, physiotherapists, pharmacists and Advanced Nurse Practitioners (ANPs).

If your GP Practice is closed and you can't wait until it reopens, you should call NHS 24 on 111 for advice.

### Pharmacy First

Local pharmacists can provide healthcare advice and treatment for many common health problems. Under a new service called Pharmacy First they can also provide free medication for a wide range of conditions without the need for a prescription. They may also be able to help if you have run out of your regular medication.



### Urgent Healthcare Advice and Treatment

If you need urgent healthcare advice and treatment for an injury or illness, including minor injuries, but it's not something life-threatening please call NHS 24 on 111 day or night. They can arrange for you to quickly speak to a local doctor or nurse in Forth Valley who can provide immediate health advice or arrange an appointment for you to attend our Minor Injuries Unit, Urgent Care Centre or GP Out-of-Hours service so you don't need to wait when you attend.

In an emergency situation, for example a suspected heart attack, stroke or severe breathing difficulties, you should always go to the Emergency Department or dial 999. However, if you attend the Emergency Department with an illness or injury which does not require urgent treatment, you may be redirected to another NHS service or face a very long wait to be seen.

For further information on where to access the right medical care, visit [www.NHSinform.scot/right-care](http://www.NHSinform.scot/right-care)

## COOK'S CORNER by Audrey Corrieri

### Cheese, Leek and Walnut Flapjacks

Makes 9 Squares

### Ingredients

50g butter  
200g oats  
75g roughly chopped walnuts  
1 leek, diced  
1 large carrot, grated  
2 tbsp mixed seeds  
25g grated Cheddar cheese  
2 large eggs, beaten

### Method

Pre-heat oven to 200°C/180°F/Fan/  
Gas no 6. Grease and line a 22cm square tin. Melt the butter in a frying pan and fry the leek for a few minutes until softened. Mix the cooked leeks into the oats in a large bowl, along with the chopped walnuts, grated carrot, seeds and Cheddar cheese. Then add the beaten eggs. Mix well. Press into the prepared tin and bake in the oven for 25-30 mins, until golden brown. Allow to cool slightly before cutting the flapjacks into 9 equal sized squares

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## MINOR INJURY?

Please call NHS 24 first on 111

- For healthcare advice
- A video or telephone consultation with a local healthcare professional
- A face-to-face appointment with an Emergency Nurse Practitioner, if you require further assessment or treatment

### What is a Minor Injury?

- Sprains and strains
- Broken bones
- Minor burns and scalds
- Minor head injuries
- Cuts and grazes
- Insect bites and stings
- Infected wounds
- Minor eye injuries
- Minor ear injuries

For more information visit [www.nhsforthvalley.com/miu](http://www.nhsforthvalley.com/miu)



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This number is FREE to call

**07725 90 90 90**  
Text or call

**jo@samaritans.org**  
**samaritans.org**

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**If you can't wait until your GP surgery reopens**

**111**

**NHS 24**

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**HAVE YOU BEEN AFFECTED BY SEXUAL VIOLENCE?**  
For support and information please call Rape Crisis Scotland Helpline

Freephone:  
**08088 01 03 02**

Email:  
[support@rapecrisisScotland.org.uk](mailto:support@rapecrisisScotland.org.uk)  
For more information:  
[www.rapecrisisScotland.org.uk](http://www.rapecrisisScotland.org.uk)

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[www.callanderphysiotherapy.co.uk](http://www.callanderphysiotherapy.co.uk)

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[www.alcoholics-anonymous.org.uk](http://www.alcoholics-anonymous.org.uk)

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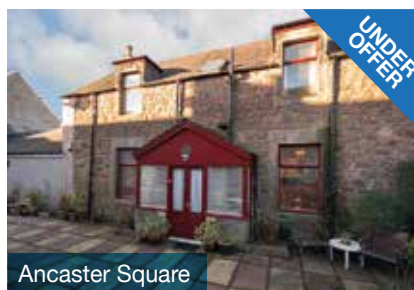
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## Loch Venachar Dam Renovation

Original masonry set aside during previous renovations is to be used to help safeguard an historic 165-year-old dam considered one of the most ambitious and advanced of its time. Scottish Water has applied for Listed Building Consent to carry out £450,000 of flood improvement works on the dam and sluice house of Loch Venachar near Callander.

A compensation reservoir, its dam and sluice house were built in 1857 as part of the Glasgow Corporation works to bring water to Glasgow from Loch Katrine. Senior reservoir engineer Ross Morrin

said:

“We

have

planned the work very carefully to ensure we meet our statutory safety requirements whilst recognising the historic significance of the dam.

For example, we will be removing excess moss and vegetation from the weir and any broken or missing stones will be replaced with stones we removed two years ago to install a new fish pass. “That work – in consultation with the Scottish Environment Protection Agency (SEPA) – complements the existing Victorian fish pass to improve fish passage around the dam.”

The proposed renovations include the construction of low-level bunds – including masonry retaining walls and embankment reinforcement – repair of the weir; repair and

painting of railings; removal of redundant railings and extending the post and wire fence line.

When it opened, Loch Venachar was considered one of the most ambitious and advanced civil engineering schemes ever undertaken, and today is described as a fine and remarkably little-altered example of a mid-19th century dam. As such, the dam, sluice house, weir, and fish ladder are category A listed structures. They are not only important in terms of history and architecture but also continue to play a vital role in the water network supplying Glasgow and the West of Scotland.

Ross Morrin added: “We have already had extensive pre-planning application discussions and are now able to make an application for Listed Building Consent. We have



developed a proposal that we believe will satisfy statutory requirements ensuring the safety and longevity of the dam whilst recognising its historical significance. Once completed, the works will play a part in protecting the structure for future generations, whilst continuing to play a crucial role in the water network.”

The application can be viewed via the following link to the planning portal:

<https://eplanning.lochlomond-trossachs.org/OnlinePlanning/?agree=0>

## What's On for October and November

### REGULAR MEETINGS

#### Mondays:

- Mondays: Body Fit 7.00-7.45 am McLaren Leisure
- Active Life 9.30-10.30 am McLaren Leisure
- Chair Yoga 11.00-12noon McLaren Leisure
- Core Fit Express 1.00-1.30pm McLaren Leisure
- Climbing Club (children) 4.00pm and 5.00pm McLaren Leisure
- Soccer School (5-7 yrs) 5.00pm, (8-11 yrs) 6 pm McLaren Leisure
- Highland Dancing 4.00pm Kirk Hall: except 19<sup>th</sup> September, 17<sup>th</sup> October and 21<sup>st</sup> November
- HIT Circuits 7.00-7.45 McLaren Leisure
- Cycle Fit 6.00-6.45pm and 7.00-7.45pm McLaren Leisure
- Indoor Cycling 8.00-9.00pm McLaren Leisure
- Core Fit 8.00-8.45pm McLaren Leisure
- Guides 6.30-8.00pm St Andrew's Church Hall
- Callander Pipe Band practice/teaching 7.00pm Masonic Hall
- Open rink night Bowling Club 7.00pm Visitors/beginners welcome (bowls available) Contact Donald [075134 488453](tel:075134488453)

#### Tuesdays:

- Callander Cycle Meander meet 10.00am Ancaster Square ( contact [01877 339074](tel:01877339074))
- Aqua Therapy 9.30-10.30am McLaren Leisure
- MumFit 11.00-12 noon McLaren Leisure
- Yoga Basics 12.30-1.45 McLaren Leisure
- Gentle Yoga 2.00- 3.00pm McLaren Leisure
- Strength and Balance 3.00 -4.00pm McLaren Leisure
- Power Fit 6.00-6.45pm McLaren Leisure
- AquaFit 7.15-8.00pm McLaren Leisure
- Badminton Club 7.30pm McLaren Leisure
- Evening Yoga 7.30-9.00pm McLaren

Leisure

- Taekwondo 7.00-9.00pm McLaren Leisure

#### Wednesdays:

- Cycle Fit 7.00-7.45 am McLaren Leisure
- Active Life 9.30-10.30 McLaren Leisure
- Citizens Advice Bureau 10.00am-12.30pm Callander Library
- Teapot Café 10.30am Callander Kirk Hall Library
- Body Fit Express 1.00- 1.30pm McLaren Leisure
- Core Fit Express 5. 30-6.00pm McLaren Leisure
- Bowls 2.00pm (as Monday) Bowling Club
- Body Fit 7.00-7.45pm McLaren Leisure
- Cycle Fit 8.00-8.45pm McLaren Leisure
- Taekwondo (contact [falkirktaekwondo@gmail.com](mailto:falkirktaekwondo@gmail.com))

#### Thursdays:

- Aqua Therapy 9.30-10.30am McLaren Leisure
- Book Bugs 10.30-11.00am Callander Library on Oct 6th, 20th and Nov 3rd, 17th and Dec 1st (booking essential [01877 331544](tel:01877331544))
- Town Break 10.30-12.30 St Andrew's Church Hall
- Craigard Club meet for lunch 12.00-2.00pm Callander Hostel
- HIIT 7.00-7.30pm McLaren Leisure
- Cycle Fit 7.00-7.45pm McLaren Leisure
- Core Fit 8.00-8.45pm McLaren Leisure
- Redtooth Poker League at Lade Inn 7.30pm all welcome

#### Fridays:

- Body Fit 7.00-7.45 am McLaren Leisure
- MumFit 11.00- 12noon McLaren Leisure
- Power Fit Express 1.00-1.30pm McLaren Leisure
- Cycle Fit Express 5.30-6.00pm McLaren Leisure
- Spike Island 8.15 -9.15 pm McLaren Leisure

#### Saturdays :

- Body Fit 9.00-9.45 am McLaren Leisure
- HIIT 9.30-10.00am McLaren Leisure

#### Sundays

- Redtooth Poker League at Lade Inn 6.00pm all welcome

### October

#### Monday 10th

- Music and Memories 2.00-3.30pm Kirk Hall

#### Thursday 13th

- SWT Group talk 'Tagging small summer migrants in the Trossachs' by Mark Wilson BTO 7.30pm St Andrew's Church Hall

#### Saturday 15th

- Linkage Harvest Lunch 12.30pm St Andrew's Church Hall (contact Liz Balding [07825 635428](tel:07825635428))

#### Monday 17th

- Community Council Meets TBC

#### Friday 28th

- German-speaking group meet face to face, 3 Grant Court, Callander

#### Saturday 29th

Messy Church at 10.30am Kirk Hall

#### Sunday 30th

- Film Society show 'Elvis' wine & nibbles included doors open 7.00pm for 7.30pm showing Callander Hostel

### November

#### Friday 4th

#### Ben Ledi View deadline

#### Saturday 5th

- CHAS Coffee morning 10.30am -12.30 pm with music from children, Kirk Hall

#### Thursday 10th

- SWT talk Tom Bowser 'Beaver Translocation to Argaty' 7.30pm St Andrew's Church Hall

#### Sunday 13th

- Remembrance Sunday with wreath-laying at war memorial, Ancaster Square



## What's On (cont)

### Monday 14th

- Music and Memories 2.00-3.30pm  
Kirk Hall

### Saturday 19th

- Rotary Christmas Coffee, Lunch  
and Crafts 10.30am-2.00pm Kirk  
Hall

### Sunday 20th

- Film Society show 'Another  
Round' doors open 7.00pm for  
showing 7.30pm Callander Hostel

### Monday 21st

- Community Council meet 7.30pm  
Callander Hostel

### Friday 25th

- German-speaking group meet face  
to face at 7.00pm. 3, Grant Court,  
contact [jenshearer@gmail.com](mailto:jenshearer@gmail.com) for  
details of meeting

### Saturday 26th

- Christmas Fair with crafts, gifts  
and refreshments  
10.00am-2.00pm St Andrew's  
Church, Leny Road.
- Messy Church at 10.30am Kirk Hall

joinery people, get answering machine after answering machine - leave message 'please call me back'. No response. Eventually get to speak to a real person, who says he will be round on Friday to have a look. I wait in for him, he never arrives - not heard from again. Eventually talk to another real person, yes, he will be round on Friday - doesn't arrive. slightly peeved I call him, sorry his van broke down and he meant to call me, will do so when van is well again. He does - He then comes around and looks. "That should only take a couple of hours - I will come round Friday afternoon and do it" How much? I ask - I will price the wood and call you is the reply - great I am there at last. Never heard of again. Politeness lacking everywhere - Just tell me you don't want to do it, I am a big boy and can take it. They will not be called for any job again, big or small.

Is it me? am I that bad? Someone must love me - but obviously it's not a tradesman..

*Downtrodden*

## Handy help around the house

If you are an older adult and need a lightbulb changed, a shelf put up or a tap washer changed, the new handyperson service from Volunteering Matters could be just the thing.

For more info contact James at Volunteering Matters on [01259 928088](tel:01259928088) or search for Volunteeringmatters on Facebook.



## December

### Friday 2nd

- Christmas concert in Callander  
Kirk

## Ben Ledi View published

### Is It Me?

Is It me? I ask myself. Surely, I can't be the only one who can't get a tradesman to do some work for me. Maybe it is. I always pay my bills promptly - so it can't be that, or am I mixed up with someone else who doesn't? Should I change my shower gel or deodorant? - No, I use non smelly shower gel and have never been 'with it' enough to use deodorant. So, what is it?

This time I am looking for a joiner for a small job. I start by phoning round

## Don't have a bank account?

If you have a poor credit score or have struggled to find a bank account there is a solution - a basic bank account and the Council's Digital Inclusion Team can support applications. You're not alone - in the UK, there are almost eight million basic bank accounts open.

Basic bank accounts are products designed for people whose credit score is not good at the time they want to apply. Basic accounts won't let you go overdrawn, so help with managing money.

As the name suggests, these accounts offer a place for you to store your money and pay bills. They do not come with overdrafts or features that standard bank accounts offer. A Basic bank accounts offers:

- A debit card and free access to UK ATMs (unless the ATM charges)
  - The ability to set up direct debits and standing orders to pay bills
  - Online or phone banking.
- Not available is:
- A chequebook
  - An overdraft
  - cashback or interest.
  -

Applicants may still be credit-checked by the bank so it may show up on your credit report. It is usually to check identity. There are certain rules about who can open a basic account, so if you don't have a bank account and need to manage your money please telephone the Digital Inclusion Team on [\(07464\) 988612](tel:07464988612) for more information or email:

[digitalinclusion@stirling.gov.uk](mailto:digitalinclusion@stirling.gov.uk)

## Nessie in Callander

While walking my dog Barney and my cat Rufus along the river towards the Roman camp, we spotted Nessie having a break from tourists and Nessie hunters. Resting peacefully and largely unnoticed it looked like she/he was having a peaceful holiday away from Loch Ness on the beautiful Teith in Callander.

*Arlene Prasad*

The summer holidays always bring action packed days to McLaren Leisure and this summer was no different. The end of the school term brought lots of fun activities for our community to enjoy and we have lots more to share with you this autumn.

We had a fantastic time during the return of our ever-popular Kids' Camp this summer. Children enjoyed seven weeks filled with swimming, climbing, crafts, sports and games and had lots of fun playing with friends. Our Kids' Camp will be back for the October break and is suitable for children in Primary 1 – Primary 7. Look out for booking information available soon.



The launch of our brand-new fitness suite has created lots of excitement at McLaren Leisure. From the preparation and installation to our opening day, we have loved designing this brand-new zone to support your health and fitness. After lots of work behind the scenes, we celebrated with an open day and it was great to see so many of our community at this event, testing out some new fitness classes, learning how to effectively and safely use the new equipment or just having a look around and chatting with our staff. If you haven't stopped by to check out our new fitness zones yet, then why not pop in and have a look around. Our staff are here to answer your questions and we promise you won't be disappointed.



Roy Mighty Hike back to McLaren, followed by the return of Big Massive Wrestling, National Fitness Day and Callander Jazz and Blues Festival. Look out for more information on these events plus lots of Hallowe'en and Christmas events and activities that will be available to book soon.

We are looking forward to the change in season and all of the events that autumn brings. The big events continue as we welcome MacMillan's Rob

## Fitness Classes



MON	BodyFit	07:00 - 07:45	£6.60
	Active Life	09:30 - 10:30	£6.20
	CoreFit Express	13:00 - 13:30	£5.50
	CycleFit	18:00 - 18:45	£6.60
	CycleFit	19:00 - 19:45	£6.60
TUE	CoreFit	20:00 - 20:45	£6.60
	Aqua Therapy	09:30 - 10:30	£6.20
	MumFit	11:00 - 12:00	£6.60
	BodyFit Express	17:30 - 18:00	£5.50
	PowerFit	18:00 - 18:45	£6.60
WED	AquaFit	19:15 - 20:00	£6.60
	CycleFit	07:00 - 07:45	£6.60
	Active Life	09:30 - 10:30	£6.20
	BodyFit Express	13:00 - 13:30	£5.50
	CoreFit Express	17:30 - 18:00	£5.50
THUR	BodyFit	19:00 - 19:45	£6.60
	CoreFit	20:00 - 20:45	£6.60
	Aqua Therapy	09:30 - 10:30	£6.20
	PowerFit	18:00 - 18:45	£6.60
	CycleFit	19:00 - 19:45	£6.60
FRI	CoreFit	20:00 - 20:45	£6.60
	BodyFit	07:00 - 07:45	£6.60
	MumFit	11:00 - 12:00	£6.60
	PowerFit Express	13:00 - 13:30	£5.50
	CycleFit Express	17:30 - 18:00	£5.50
SAT	BodyFit	09:00 - 09:45	£6.60
	CycleFit	18:00 - 18:45	£6.60
	CoreFit	19:00 - 19:45	£6.60
	PowerFit	18:00 - 18:45	£6.60
	CycleFit	20:00 - 20:45	£6.60

**New All In Memberships**  
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## Outdoor Adventure

**Roll Outdoors** the "Outdoor Adventure" tourism business has moved itself onto Main Street in Callander

This local company run by Sam and Maura Lee from Balquhiddy will be offering the hire of bikes, paddleboards, canoes and kayaks as well as organised loch tours amongst other activities.

We welcome them to Callander and wish them well with their endeavour.





## Club News:

**N**ow we are into September, the nights are

drawing in again. However, at the club we are finishing up our summer leagues and looking forward to the new winter leagues.

We have also enjoyed an increase in our membership despite the restrictions imposed on us due to the Covid outbreak. As a point of interest, for any shooters hoping to possibly join our club, our new Club Secretary and point of contact is -

Tony Ashford, Email - [tonyashford01@gmail.com](mailto:tonyashford01@gmail.com) or Tel No. - 07446 824918

### Cumbria leagues:

12 shooters completed all 10 rounds in various disciplines in the Cumbria league, including 1 lady wheelchair in Air Pistol.

### Perthshire Prone final results:

Team Results – Callander ended up in 2nd place, 6 points behind Alloa.

Individual Results: - Allister McLean won Div 7 with Jonathan Richards second.

### Perthshire Benchrest final results:

Division 1 John Johnston was tied 2nd with Wullie Jenkins 1 point behind.

Division 2 Robert Farquhar was tied 2nd.

Division 3 Tony Ashford was 1st with Peter Jamieson 2nd.

Division 5 Jack Wilkins was 2nd

### Air Pistol:

Bronwen Livingstone is travelling to Wales to be part of the team representing Scotland at the Commonwealth Shooting Federation (European division) Championships, which is taking place at the Sport Wales National Centre in Cardiff. She'll be competing in the 10m air pistol event.

For further club details, contact our new secretary Tony Ashford 07446 824918



## Callander Bowling Club

**T**he first full bowling season since the Covid outbreak seems to have flown by fast. Following on from our Forth & Endrick league win in July, our players managed to lift 4 out of the 5 trophies up for grabs in the Forth & Endrick knock-out competitions. Callander finished 2nd in the West Perthshire league, losing our title to Doune Castle Bowling Club.



Callander players were prominent in the West Perthshire knock-out competitions, with Alan Tomlin, Paul Corrieri and Ewan Waugh lifting the triples trophy, then 2 days later Ewan Waugh

emulated his dad by becoming the gents' singles champion, with all games played on the Blackford green.

The club held 4 all day competitions for the first time since 2019, due to Covid. These competitions help to bring in extra income to the club, and we would like to thank our sponsors, Andrew Anderson & Sons, JTM Plumbing and Heating, plus our own members, Marion Allan and Alan Tomlin for their support.

Towards the end of August the club's competition finals were played, and the outcome made Callander Bowling Club history. Reigning ladies champion, Audrey Corrieri managed to hold on to the trophy, while husband Paul lifted the gents championship trophy. This is the first time in the club's history that a husband and wife have lifted the titles in the same season.



We would like to thank local tradesmen, Alastair Allan and Robert MacDonald for renovation work on the clubhouse exterior. The building has been our home since 1913, and needed some TLC.

## Callander Thistle Amateur Team



as child wellbeing, mental health in Scottish football and First aid. This is open to anyone aged 16+ and they will be appointed

on a first come first served basis. Please contact the club for full details. No previous experience is required.

An exciting season is ahead for our Amateur Team team with competition in the Caledonian League Division 1 as well as runs in the Scottish Amateur Cup, East of Scotland Cup, Presidents Cup and two League Cups

The club will continue to be based at McLaren Leisure Centre with home games being played most Saturdays at McLaren Leisure Centre at 2pm – we have a growing group of supporters of all ages and we really hope you can come along and cheer us on – everyone is welcome.

## Callander Thistle Youth Teams

After a successful summer getting the youth team ready for the new season, we are proud to say that the Club will have teams competing at the following age groups in the Central Scotland Youth Football League:

- · 2011 9v9 team
- · 2012 7v7 team
- · 2013 7v7 team
- · 2015 5v5 team
- · 2x 2016 4v4 teams

Our development group consisting of 2009 and 2010 children will continue to develop their football with a view to competing at 11 a side leagues by next year.

The club are looking to start up our newest team for children born in 2017. In order to do so, we require 2x coaches and a first aider. We need volunteers to be trained in these roles, all costs met by the Club, before we can register it as a team. If anyone is interested in volunteering, please email the club. You will be supported all the way by the existing coaching teams.

Coaching Pathway – The club has acquired funds to put 3 volunteers through the official SFA coaching pathway. This will include courses for levels 1.1, 1.2 and 1.3 coaching as well

## Golf Club aims for the stars

Callander Golf Club has big ambitions for the future as it would like to see the area around its new clubhouse (ready for next year) and car park as an outdoor hub for Callander.

Obviously the club priority is to get the new clubhouse up and running, but then it would like to see the area used as a centre for outdoor activities for the town and its visitors. It envisages a centre for walking in the area where visitors could park to head up to Bracklinn Falls for example, and where cyclists could use it as a base for the many forest tracks in the area (with additional sign posting being installed) and as an information centre for maps etc. on the walks and cycle routes in the area. Perhaps a cafe could be built to serve as information centre and give refreshments.

These are only ideas at the moment and there could be others, Tennis courts for example, if there is enough interest, but this cannot be achieved solely by the Golf Club, therefore if you are a local group or individual that could fit in with these ideas and help develop them, then get in touch with the Golf Club as I know they would appreciate your help and assistance.

If you have ideas for outdoor activities that would fit in with this concept, then again contact the Golf Club.

We wish it all the best with this as we see that this could be a very good thing for the town and would help the Golf Club which, like many others, is suffering in the present economic climate..

## Overall Club Development

We are pleased to say the past few years have seen exponential growth for us, particularly in the Youth System. We have a dedicated group of committee members and volunteers that have helped us achieve so much. With our ambitious plans for the future, including the purchase of land for a park in partnership with Callander Cricket Club we realise that we need to grow our committee at all levels. If anyone within our community is interested in supporting the club in areas such as:

- Funding Applications
- Events and Fundraising
- Book – Keeping
- Development

We would be pleased to hear from you. Even a small commitment of an hour a week goes a long way.

To keep up to date with all things Callander Thistle, please follow us on Twitter and Facebook

*Thank you – Mon The Jags*



## Callander and District Horticultural Society Show 20th August 2022

### Award Winners

The Committee of Callander & District Horticultural Society were delighted to be able to host a physical Annual Show again this year in the shed at East Torrie Farm. The traditional prizegiving was reintroduced for the first time since 2019. Kath Millar kindly presented the prizes and trophies whilst many in the audience were able to sit down and enjoy a tea/coffee whilst the winners were announced. The show was well attended and we were delighted to have an early "VIP" visit from our Honorary President, Robert Vanhegan, who, at the wonderful age of 90, is still competing and indeed won the Inga Cummings Salver.

The Committee would like to say a big thankyou to their judges who undertook the difficult task of awarding points for the various trophies - Bill Nichol for both Open and Confined Flowers, Grant Farquharson for both Open and Confined Vegetables, Janine (Willow Houseplants, Doune) for Floral Art, Mairi Campbell for the Craft section, Audrey Gibson and Christine for food items in Industrial, Gordon Scott for Photography and Tricia Johnson/Mairi Campbell for Children's entries and Callander Primary School entries.

As well as entering vegetables from their own garden in the main competitions, Callander Primary School classes entered some very imaginative and colourful clothing and accessories all made from recycled materials. Awards were as follows

1st - P7

2nd - P4/5

3rd - P6

The winners for the special awards were as follows.

Most meritorious exhibit in

Confined Flowers

Confined Vegetables

Floral Art

Industrial

Open Flowers

Open Vegetables

Marshall Rose Bowl

Callander Cottage Cup

Society's Challenge Shield

Tom Beith Cup

Roman Camp Challenge

Esher Cup

Abertay Cup

Paterson Cup

Stainton Cup

Campbell's Shortbread Cup

Teith Cup (biggest onion by weight)

Jean Aidie Quaich

Bob Pywell Quaich

Most meritorious exhibit in Confined Section

Bob McDougall Cup

Inga Cummins Salver

Society Cup

Most points in fruit section

Children's Cup

Roslin Cottage Cup

Charlotte Wood

Mike Luti

Janet Greenfield

Isla Cruickshank

Norman McBean

Norman McBean

Most Meritorious Exhibit Janet Greenfield

Most points in Confined Section Ray Watkins

Most points Confined Flowers Ray Watkins

Most points in Confined Vegetables Mike Luti

Most points in cut flowers Open section Norman McBean

Most points in Open Vegetables John Burrows

Most points in Floral Art Charlotte Wood/Jacquie Finland

Most Meritorious in Industrial section Isla Cruickshank

Most points in Industrial Section Ciara Dillon

Olga Watkins

John Burrows

Most points in sweet peas, open or confined Ray Watkins/Charlotte Wood

Mike Luti

Best Tomato in Show John Burrows

Best Rose in confined section Robert Vanhegan

Ray Watkins

Most points in Children's section Christina Wood

Best plant entry in Children's Section Sophie Kerr



**Best in Show  
and  
Floral Art**



**Overall winner  
Confined Section  
Mike Luti**



The Callander Community Council Best Kept Garden competition was judged earlier in the month by Kath Millar. The winner in the small garden category was awarded to Charlotte Wood of Camp Place.

The overall winner of the CCC Cup for the Best Kept Garden and winner of the large garden competition was Ray Watkins of Tulipan Crescent.

The Callander and District Horticultural Society also sponsors some additional smaller garden competitions which were judged by Chris Clark.

The winners in each category were as follows

Best kept window box, hanging basket or container – Jan Halladay, Highland House

Commended – Peter Nieto, Main Street; Alastair Taylor, East Torrie Farm

Best kept wildflower area – Margaret & David Warnock, Ancaster Road

Best evening cocktail patio – Kirsty Fingland, East Torrie Farm

Commended – Charlotte Wood, Camp Place

Best kept garden area (individual) – Under 12 – Christina Wood

Commended – Daniel Wood

Best kept garden area (group) – Under 12 – Callander Nursery



**Winner  
of Roslin  
Cottage  
cup  
Sophie  
Kerr**

If you would like to see more photographs of show exhibits or garden competition entries and winners, please sign on to our website [www.cadhs.co.uk](http://www.cadhs.co.uk) before 31st October.

We are just a small Committee, so we are always very appreciative of offers of help or people wishing to become more involved. Or maybe you are inspired to participate in the Show next year and would like to be added to our mailing list to get information on the Schedule when it's released early next year. You can get in touch through our website [www.cadhs.co.uk](http://www.cadhs.co.uk) or by emailing [cadhortsoc@gmail.com](mailto:cadhortsoc@gmail.com).

Thanks again to everyone who supported the Show either by volunteering as a helper, judging, competing or visiting the resulting display - a real team effort resulting in a happy and successful community event :-). See you all next year!



**Winner Primary competition**



## Rotary in Callander

In August the club did a bucket collection in glorious weather at the Highland Dancing display in Ancaster Square and we must thank Liz Campbell and her dancers for giving us this opportunity.

The Rotary Club of York Ainsty run a programme of collecting spectacles and sorting them out to pass on to locations in Ghana, Kenya and Sri Lanka. Club member Heather Swaine arranged a collection of old specs with the help of Rotarians and Andrew Baird Opticians which resulted in a substantial number of usable pairs of glasses being despatched to York for refurbishment and onward transmission to improve the lives of many people.

By the time you read this the club will have had its Bottle and Bric a Brac stalls and no doubt they will have been successful thanks to everyone who supports us. We shall also have helped with sponsorship of the first Callander Open Studios event at the beginning of September.

Preparations are now well under way for the Christmas Coffee, Lunch and Crafts in the Kirk Hall on the Saturday 19th of November from 10.30am and we hope to see you all there.

If you would like to find out more about Rotary please look at our website, [www.callander.rotary1010.org](http://www.callander.rotary1010.org), or on Facebook



## GERMAN SPEAKING GROUP

**A**b September hoffen wir, endlich 'persönlich' bei mir wieder zusammenkommen zu können. (Nur wenn besondere Umstände es erfordern, werden wir wieder auf Zoom zurückgreifen.)

Unsere Treffen werden um 19 Uhr am Freitag, 28 Oktober und Freitag, 25 November stattfinden. Das Diskussionsthema für jedes Treffen wird im Voraus per E-Mail an alle Teilnehmer geschickt werden. NB Um Antwort wird bis spätestens eine Woche vor jedem Treffen gebeten.

Falls Sie bis jetzt an unseren Treffen nicht teilgenommen haben und mitmachen möchten, schicken Sie mir bitte eine E Mail, um die Einladung zu unserem Treffen zu erhalten: jenshearer@gmail.com.

Wir freuen uns auf ein Wiedersehen.

JEN u PETER



## Ten years old and still flourishing!

**O**ver two hundred and fifty retired (or semi-retired) residents of west Perthshire are this year celebrating the tenth anniversary of their u3a! Little did the fifteen or so who opened their doors to recruit other people to join them in the summer of 2012 imagine numbers would increase so much in such a short time. On that day a queue snaked outside St Andrew's Church Hall, Callander, prior to opening and extra receipt books had to be hurriedly purchased for the hundred or so who eagerly sought to learn and share in the many activities on offer. These included languages, gardening, painting, country dancing, table tennis, astronomy and poetry among the twenty or so activities on offer. The number of topics continues to grow as more members come forward to offer to share their own expertise or interest in a topic. These topics have resulted in trips abroad to visit places of historical importance, to gardens, the Scottish Parliament and the local hydro scheme among others. Since the outbreak of covid we have been forced to rely on Zoom sessions which, while denying the pleasure of meeting face to face, have at least kept interest alive, and where many other u3as have been forced to close, Callander and West Perthshire u3a has seen just a small drop in membership and more new people wishing to join. Looking back over those ten years we remember the ceilidh to celebrate our fifth birthday and a barbecue and ceilidh held in Gartmore, which was an enjoyable night of socialising pure and simple. 2014 saw the Scottish referendum and not to be left out we hosted two "hustings" presenting speakers from both sides. The u3a is of course a non-political organization, which is open to all people irrespective of colour, creed, education or financial situation. It is unfortunate to have the name "University of the Third Age" as university it most definitely is not. Certainly we are all in our third age (or fourth or fifth!) You may well meet a member in their late fifties or even in their nineties! One of the great successes of the u3a is bringing people (sometimes lonely people) out of their homes to find friendship and stimulation. We look forward to the next ten years with renewed enthusiasm and anticipation.

Barbara Legg  
Founder and Hon. President

**It appears that the Council is not issuing these this year - So here they are**

**2022-23**  
SEPTEMBER 2022 - AUGUST 2023

Your calendar is also available online at [www.stirling.gov.uk/bins](http://www.stirling.gov.uk/bins)

**Your collection day is Tuesday**

SEPTEMBER 2022	OCTOBER 2022	NOVEMBER 2022	DECEMBER 2022
M Tu W Th F Sa Su 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M Tu W Th F Sa Su 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M Tu W Th F Sa Su 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M Tu W Th F Sa Su 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
JANUARY 2023	FEBRUARY 2023	MARCH 2023	APRIL 2023
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MAY 2023	JUNE 2023	JULY 2023	AUGUST 2023
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■ Grey bin & blue bin ■ Green bin, brown bin & food caddy  
■ Brown bin, glass box & food caddy   Check website for dates

**recycle for Stirling**  
[stirling.gov.uk/bins](http://stirling.gov.uk/bins)

**2022-23**  
SEPTEMBER 2022 - AUGUST 2023

Your calendar is also available online at [www.stirling.gov.uk/bins](http://www.stirling.gov.uk/bins)

**Your collection day is Saturday**

SEPTEMBER 2022	OCTOBER 2022	NOVEMBER 2022	DECEMBER 2022
M Tu W Th F Sa Su 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M Tu W Th F Sa Su 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	M Tu W Th F Sa Su 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	M Tu W Th F Sa Su 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31
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## Callander Flower Fest reaps rewards

A few weeks ago, a small army of volunteers transformed St Andrew's Church to mount the 'Flower Fest @ St A's... with art and crafts in the pews' event, which attracted hundreds of visitors and raised more than £1,400.

'Although primarily a St Andrew's initiative, we are fortunate to enjoy a very strong community spirit in Callander. A great many people, who are not among our congregation, were happy to give us their time and considerable talents,' said St Andrew's vestry secretary Liz Balding. 'In particular we should like to thank Lynne Schroder, who worked tirelessly to mount the professionally presented art exhibition, which took many weeks to organise – and which showcased a number of works by many talented local artists.'

'Visitors also marvelled at all the eye-catching fresh flower arrangements produced by a group of enthusiastic amateurs – and were suitably impressed by the wonderful examples of work by the Felters, Quilters and Knitters & Natters groups. The colourful bunting and crochet flowers dotted in the greenery around the church's main entrance – made by Sheila Winstone – also attracted many favourable comments.'

Among the other weekend highlights were an undisclosed army of knitted

church mice scattered around the church that younger visitors were invited to count up. And junior visitors were enthralled when retired teacher Kath Millar – sitting in the 'magical

story-telling chair' made by Mairi Campbell – recounted some of the Church Mice tales, written and illustrated by Grahame Oakley.

Additionally pupils from both Primary and the McLaren High schools entered a 'Summer'-themed painting competition, with entries judged by visitors. The primary school winner was Morgan Murphy and the

McClaren joint winners were Megan Dunlop and Molly McCloskey.

David Spottiswoode, the talented organist and choirmaster from St Ninian's Glasgow, gave an organ recital on Saturday evening that ended with a spirited rendering of the Fantasia in G BWV 572 by J S Bach.

Liz Balding



Heather Swaine



Kath and visitors



McLaren Winners



Art Exhibits



St Andrew's Church

## TOTAL AMOUNT RAISED FOR CHAS STALL £1,139.10 – SUMMER 2022

We are pleased to advise that the final amount raised this year for the CHAS Charity was £1,139.10. This was from all proceeds received from our Plant & Bird House Stall sales over a 3 month period since opening on the 7th May, which we then subsequently donated in full to CHAS.

On behalf of CHAS, Rachel and I would like to thank all Callander residents and visitors who kindly provided their valued support, by contributing for such a worthy cause.

We plan to reopen next year, to once again support CHAS, when we are planning to add wall/fence mounted timber bird feeders to the Stall, along with a selection of plants and vegetables grown on from our garden/greenhouse.

Therefore, we hope we can look forward to receiving your further generous support next year for such a vital and important charity as CHAS.

*Rachel and Forbes Webster*

PS. Thanks to everybody who are still donating into the Honesty Box, even though the Stall has been taken away until next year. All further donations are very welcome and will be paid to CHAS.



## Canmore Trust Street Ceilidh



On the 10th of August, the Community Friends of The Canmore Trust held the inaugural Annual Street Ceilidh as a fundraiser for The Canmore Trust and to welcome "home" John & Isobel Gibson and The LEJOG support team as they passed Callander during their

monumental walk from Lands End to John O' Groats, raising awareness on the aims of the Trust they founded to create safe spaces for those lives impacted by suicide. The Trust was founded by The Gibsons following the tragic death of John and Isobel's son, (Eilidh & Malcolm's wee brother), Cameron in 2019 to suicide.

The ceilidh was to be a free event to bring together our community for a fun event with a very serious and important message which would be the beginning of creating safe dialogue on suicide awareness and awareness of the trust to encourage ongoing support of its aims.

We would especially like to thank the residents of The Bridgend for their support, encouragement and willingness for the ceilidh to be held, literally on their doorstep.

The event was well attended by an estimated 500+ people of all ages, locals, tourists and passers by with most of those donating in the weeks running up to the ceilidh, wearing their "Canmore Trust Street Ceilidh T-Shirt" and creating the sea of blue envisioned.

The Glasgow Vet School Ceilidh Band were superb; they gave us a ceilidh with a modern twist and even when we lost the speaker's power, the band played on with Kirsty singing through a megaphone! The ceilidh continued and as the power returned, the cheers bounced off the crags and Ben Ledi. The one hour street ceilidh ended with a 10 minute Orcadian Strip The Willow bringing all ages together and "spinning" partners up and down the length of the Bridgend...it was a true vision of community.

Unfortunately COVID hit the Gibsons & Gallachers on the days running up to the event but thanks to Garry Fingland and CYP we managed to set up both a live ceilidh link and reception zoom which meant the LEJOG team missed nothing and John Gibson was able to welcome the guests and update us all at the post ceilidh reception on the importance of the aims of the Trust now and in the future. It was great to have Malcolm and Eilidh Gibson representing the family at the ceilidh and reception in the absence of their parents.

One of our reasons to hold the ceilidh on Bridgend was that this had been where the Gibsons' family home has been for many years and was now the home of Cameron's elderly grandparents. It was lovely to see them enjoy the ceilidh from the upstairs window. We send our condolences to John & Isobel on the recent passing of Agnes Gibson.

The street ceilidh was a huge community success and we are now discussing how to make it bigger and even better for 2023!

Thanks to the highly efficient services, support, funding and encouragement of Martin Earl, Stirling Council, Provost Dodds and The Civic Fund, Empardio, Louise Corrieri & Callander Brownies, Clair Harvey, Trossachs Search & Rescue, Callander Rotary, CYP, Fingland Family, CCDT and the Braes of Doune Wind Farm Fund and those who assisted with our sound, & power.

If you would like to get involved in organising the 2023 event, email [callanderstreetceilidh@gmail.com](mailto:callanderstreetceilidh@gmail.com)

*Joyce Burnett, Kirsty Fingland, Christine Collie  
The Community Friends of The Canmore Trust*



Photo from Chris Coull



## Sandra Aitchison

Gregor, Stuart, Karen & Ian would like to thank family, friends, neighbours and wellwishers following the sad passing of our beloved wife and mum Sandra.

Thank you also to the celebrant Susan Chown for the lovely service and to Ross Anderson for help in making the process as smooth as possible

Thanks also for the generous donations - £380.00 for IFAW

## Thanks

Billy McNab would like to thank all who sponsored his grandson Jackson in the MacMillan Cancer Support Rob Roy Walk, Callander to Killin on Saturday 3 September. This raised over £700.00 locally to add to the amount Jackson and his dad James raised where they are. Jackson was kept company on the walk by grandpa Billy and dad James

## THANK YOU

One of our Ben Ledi View distributors - Anne Luti of Ancaster Road - has recently retired from her drop-off and delivery duties after many years delivering our magazines in all weathers. We would like to thank Anne very much for her sterling service to the BLV.



## 2nd Callander Brownies

It is with regret that I am announcing the closure of 2nd Callander Brownies.

After much thought and deliberation I have decided to end my time as leader of 2nd Callander Brownies in October this year. This is mainly due to family and work commitments but also because it is becoming increasingly difficult to run the unit solo.

My attempts to find another regular volunteer helper have failed and it is with regret that I have reached this decision. Unfortunately unless someone takes over from me as leader, the unit will be forced to close.

I have thoroughly enjoyed the last five years but the time has come for me to give it up.

Should anyone wish to register their interest as a leader please visit [girlguiding.org.uk](http://girlguiding.org.uk).

With best regards

*Louise Corrieri*

## New Planning Applications

### Demolition of existing dwelling

Arie Cottage North Church Street Callander Stirling FK17 8EF  
Ref. No: 2022/0257/CON | Received: Tue 23 Aug 2022 | Validated: Wed 31 Aug 2022 | Status: Current

### Demolition of existing single-storey cottage and erection of 2-storey dwelling

Arie Cottage North Church Street Callander Stirling FK17 8EF  
Ref. No: 2022/0240/DET | Received: Wed 10 Aug 2022 | Validated: Wed 24 Aug 2022 | Status: Current

### Flood improvement works including construction of low-level bunds across the left and right abutments, masonry retaining walls, embankment reinforcement, repair of weir, repair and painting of railings, removal of redundant railing and extension of post and wire fence line

Loch Venachar Dam Invertrossachs Road Callander Stirling  
Ref. No: 2022/0233/LBC | Received: Wed 03 Aug 2022 | Validated: Wed 03 Aug 2022 | Status: Current

### Proposed Residential Development with associated landscaping, roads and infrastructure

Mollands Farm Callander Stirling FK17 8JJ  
Ref. No: 2022/0231/PAC | Received: Fri 29 Jul 2022 | Validated: Wed 03 Aug 2022 | Status: Current

### Erection of porch

5 Livingstone Avenue Callander Stirling FK17 8EP  
Ref. No: 2022/0229/HAE | Received: Wed 27 Jul 2022 | Validated: Wed 27 Jul 2022 | Status: Current

### Change of use from Bed and Breakfast (Class 7) to Residential (Class 9)

Coppice Hotel Leny Road Callander Stirling FK17 8AL  
Ref. No: 2022/0228/DET | Received: Tue 26 Jul 2022 | Validated: Fri 12 Aug 2022 | Status: Current

### Proposed single storey rear extension and boiler room

The Schoolhouse Glenfinglas Road Brig O'turk Callander Stirling FK17 8HT  
Ref. No: 2022/0222/HAE | Received: Wed 20 Jul 2022 | Validated: Thu 21 Jul 2022 | Status: Current

### Proposed single storey rear extension with sun room and boiler room

The Shoolhouse Glenfinglas Road Brig O'turk Callander Stirling FK17 8HT  
Ref. No: 2022/0223/LBC | Received: Wed 20 Jul 2022 | Validated: Wed 20 Jul 2022 | Status: Current

### Erection of replacement bridge

Bracklinn Falls Callander  
Ref. No: 2022/0218/DET | Received: Thu 14 Jul 2022 | Validated: Mon 18 Jul 2022 | Status: Current

### Erection of single storey workshop and gym

Laggan House Laggan Road Strathyre Callander FK18 8NQ  
Ref. No: 2022/0216/DET | Received: Thu 14 Jul 2022 | Validated: Tue 19 Jul 2022 | Status: Current

## Callander Library

**B**ookbug is back! Fortnightly song, story and rhyme sessions for babies, toddlers, pre-schoolers and their families. Sessions are free but places are limited and must be booked in advance by contacting the library. Check out the *What's On* section for dates.



Some local reading stars above who completed the Gadgeteers Summer Reading Challenge

ESOL (English to Speakers of Other Languages) Classes are being held in the library building weekly on Thursdays, 10.00 – 11.00am. Sessions are free, given by a qualified tutor, specifically for Ukrainian refugees. For further information and enrolment, please email: [learningandemployability@stirling.gov.uk](mailto:learningandemployability@stirling.gov.uk).

Step on Stress is a new NHS course, running in the library during November (Thursdays 3rd, 10th and 17th, 6.00 – 7.00pm). It will be in the format of talks, with accompanying resource booklets. It is not counselling or therapy and you won't be expected to talk. If you would like help with low self-confidence, anxiety, etc, contact the library for further information on signing up.

Volunteers are needed for our Outreach Service which delivers books to the housebound. They deliver books fortnightly around Callander, collect the finished ones and return them to the library. It only requires a few hours once a fortnight and with two or three volunteers, it could be as infrequent as monthly or six weekly. Please get in touch with the library if you can help.

Meeting space for local interest/

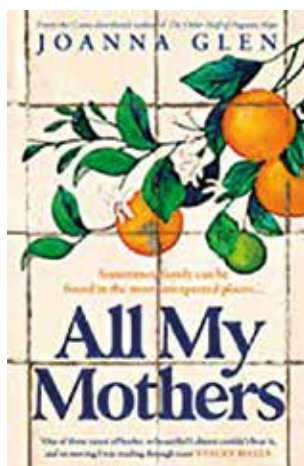
hobby groups is available free of charge in the library building. The former Burgh Chambers can be booked via the library, however the room is upstairs with no lift, so is unsuitable for anyone with mobility issues.

*Fiona Frieze*

## Book Club Review

**T**his issue's book review title is *All My Mothers* by Joanna Glen (The Borough Press, 2022).

*All My Mothers* is the story of Eva Matinez-Green. From an early age, Eva knows there is something different



about her, but she can't work out what. Her mother is emotionally absent and ignores her daughter. Her father is physically absent, disappearing for weeks at a time. Eva can't find any photos of herself as a baby before the age of three years old, yet when she questions her parents about this, they quickly change the subject.

Eva starts school and makes friends with Bridget Blume, a friendship which spans many decades, but it is a complex one. Eva's mother is unwell and her father has disappeared, so the Blumes take Eva in for a whole summer. For Eva, it is the best summer ever. Mrs Blume is the mother figure she craves and the future seems less frightening for Eva, until tragedy besets the Blume family and life changes forever.

*All My Mothers* illustrates that mothering is not necessarily done best by a blood parent. Of course, it's the old nature v nurture argument, but it's the impact on the child that this book

brings to the fore. In the absence of proper nurture, Eva's mind is in chaos. This bewilderment carries on through childhood into her young adult life and shapes every decision she makes.

This is the second novel by Glen, her first receiving the Costa First Novel Award. *All My Mothers* was emotional, engaging and moving. It was impossible not to be affected by young Eva's life and the triumphs and tragedies that ensued. I certainly won't forget her and I would definitely recommend this book.

The next review will be *One Day I Will Astonish The World* by Nina Stibbe (Penguin, 2022)

*Maggie Magor*



## Callander Cinema

**C**allander Film Society is screening six movies over the winter. Opening night is on 30th October, with Baz Luhrmann's *Elvis* (cert 12A), Wine and nibbles will be included.

- On November 20th the movie is *Another Round* (cert 12), which won the Oscar for Best International Film in 2020.
- 11 December *The Duke* (2020) 12
- 15 January *The Road Dance* (2021) 15
- 19 February *Top Gun: Maverick* (2022) 12A
- 19 March *Everything Everywhere, All at Once* (2022) 15

Doors open at Callander Hostel 7.00pm, showtime 7.30pm. Entry is £5 at the door (no advance booking) or free for members. Membership for all six screenings plus an additional movie for members at an AGM in May/June is £24.

Full list with links to trailers, membership form and payment details at [incallander.co.uk/cinema](http://incallander.co.uk/cinema). Forms also at the Visitor Information Centre or contact [callanderfilmsociety@gmail.com](mailto:callanderfilmsociety@gmail.com).



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(not forgetting a nice cup of tea  
and home-made cake!)

## CAOS

CAOS Rehearsals for *Calamity Jane* got off to a great start on 5th September, however new members are still wanted so, if you dream of your 15 minutes (or more) of fame, come and join us!

Auditions for principal parts take place early October, with rehearsals starting on Thursday evenings shortly after. Rehearsals for the full cast are on Mondays at McLaren High School at 7.30pm. See our web page ([www.c-a-o-s.org.uk](http://www.c-a-o-s.org.uk)), contact our president, Angela Dickinson ([angeladickinson.20@hotmail.com](mailto:angeladickinson.20@hotmail.com)) or speak to any member for more information.

We are changing the way we sell tickets and they will be going on sale much earlier than usual, in week beginning 7th November. The easiest way to buy will be online, and you can check the CAOS website for details. CAOS members will also be in the Visitor Information Centre two or three days a week for those who prefer to buy direct. We are reverting to a seat numbering system so there is incentive to buy tickets early to secure your favoured spot. Patrons provide such valuable support that they will continue to get first choice of seating – see the web page or ask any member



if you are interested in backing us this way.

Remember, show dates are Wednesday 15th March to Saturday 18th March 2023 and hopefully these are already in your diary.

Some other dates for the diary are Friday 2nd December for the annual Christmas Concert with Callander Kirk Junior Choir; (possibly a Ceilidh, mid to late November); and, as usual, a coffee morning on the first Saturday in February.

Keep looking to those hills, the stage is definitely a comin'....

*Steve Murphy for CAOS*



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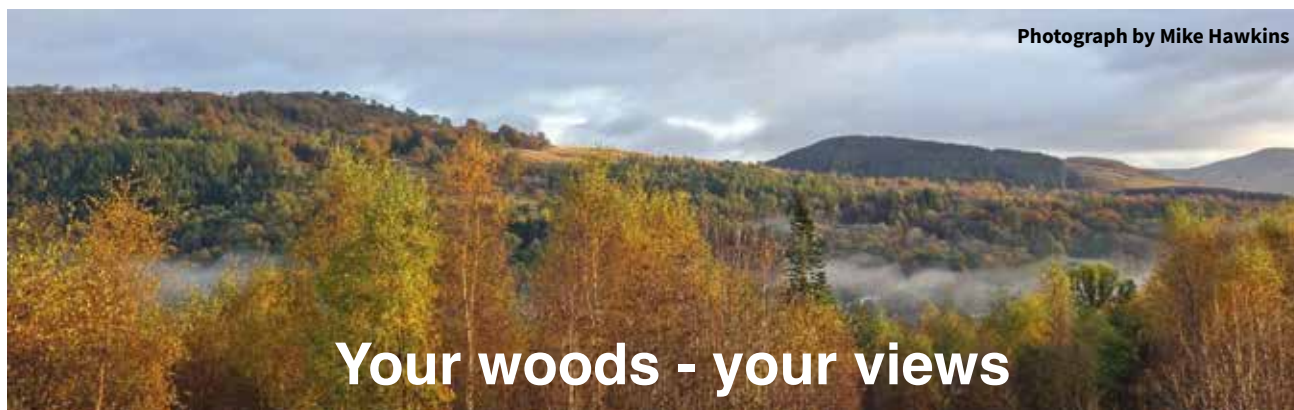
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\*Offer valid for openings up to 2.4m wide & including 2 remote controls, 55mm white slats, internal manual override.



## Please help - we need just 5 minutes of your time

Forestry and Land Scotland (FLS) manage the forests across Scotland, on our behalf, and the Callander Woodland Group works with them to improve Coilhallan, Upper Craggs and Torrie woodlands around Callander. For more details see our page on [Incallander https://incallander.co.uk/ccdt\\_docs/ccdt\\_callander\\_woodland\\_group\\_v6.pdf](https://incallander.co.uk/ccdt_docs/ccdt_callander_woodland_group_v6.pdf)

A new Land Management Plan (LMP) is being developed by FLS

covering the next 10 years and this is our opportunity to let them know what we want - the Woodland Group is running and co-ordinating all our responses to this survey, so please have your say.

It's right here below and we have also placed QR codes on entrances to each of these woods, linking to the survey. The survey will be on our brand new website (as soon as it's ready) where we will share the results.

So please take a few minutes to complete the survey below. Your answers will be fed in to the Land Management Plan. Then in a couple of months, when there is a completed draft, representatives from Forestry and Land Scotland and the Callander Woodland Group will hold a public meeting to which everyone will be invited to comment on the draft LMP.

**Thank You.**

---

## Callander Woodlands Survey

*Please answer the following questions and take your completed form to either the **Library** or the **Visitor Centre**, or email your comments to [callanderwoodlandgroup@gmail.com](mailto:callanderwoodlandgroup@gmail.com).*

**Coilhallan, Upper Craggs, Easter Torrie, Wester Torrie.**

*Please circle the woodland you are commenting about.*

1. How often do you visit the woods?
2. What do you do there?
3. What do you like about the woods?
4. What improvements would you like to see?
5. Any other comments?



## for those with more than 5 mins... the longer read

The FLS Land Management Plan for Coilhallan, Torrie and Upper Craggs woodlands is up for renewal. The plan mainly deals with tree felling, thinning, restocking and new planting and changes to forest tracks – long term decisions, at a fairly high level, but below it there is a more detailed work plan, where we can have a big influence.

For example we can request new or upgraded paths, clearance of informal paths, small ponds dug to enhance wildlife habitats, picnic and seating areas and entrances to woodlands to be improved for access and better car parking.

We can also suggest that the woodlands are zoned, so that we have quiet, peaceful woods and others that encourage more active activities such as mountain biking.

The plan will cover 10 years from 2023 so there is a lot at stake here and it's very important that we show that Callander people are interested in their woodlands now and in the future.

We are lucky enough to be surrounded by forests and woodlands, so it's really important that we make sure FLS know what we want for them, now and in the future - it's not only for us and our

visitors but for the wildlife that lives there.

There will be a public meeting, hosted by FLS when the draft plan has been prepared, which is another chance to air your views. We will advertise it widely nearer the time, so please try and come along.

Meanwhile the Callander Woodland Group continues to hold volunteer sessions where we are currently clearing the sides of the paths in Coilhallan, cutting back gorse, broom, brambles and sitka saplings and removing the invasive piri-piri-bur and garden escapees.

If you are interested in joining us then please come along. Our next outings are on 15th and 27th October.

Please email [CallanderWoodlandGroup@gmail.com](mailto:CallanderWoodlandGroup@gmail.com) and we will send you more details. We'd love to see you.

And if you have another spare few minutes, please visit our new website (we will let you know when it is available) and read much more about what your Callander Woodland Group are getting up to, or use it to get in touch with us.

*Sue King on behalf of the Callander Woodland Group*

Please fill in our survey  
thank you



## Scottish Wildlife Trust Callander Group Winter programme

As mentioned in the last BLV the Callander Group of SWT is organising a new series of live monthly talks, starting on 13 October, through to April.

They will be in St Andrew's Church Hall on the main road just west of Tesco's, FK17 8AL. We will start at 7.30, talks last 30-45 mins with time for questions followed by tea/coffee and biscuits which are included in the suggested £3 donation on the door. No need to book, just turn up on the night.

Expert speakers will cover a wide range of topics including Summer migrants, Argaty Beavers Translocation, Amphibians, Royal Scottish Zoological Society, Loch Tay Animals & Plants and the Central Scotland Raptor Study Group.

Hopefully there is something for everyone and everyone is welcome, no need to be a member.

Details of each talk will appear in the BLV, on Facebook and on our page of the SWT website

<https://scottishwildlifetrust.org.uk/local-group/callander/>.

It is always interesting to check the SWT website where there is a lot of information, including recordings of previous on-line talks from various local groups.

Hope to see you at our talks

*Lesley Hawkins*

**SWT Talk 13 October 7.30pm** St Andrew's Church Hall, Leny Road.  
'Tagging small summer migrants in the Trossachs' by Mark Wilson, BTO

**SWT talk 10 November 7.30pm**, St Andrew's Church Hall, Leny Road.  
'Beaver Translocation to Argaty' by Tom Bowser.

## New Trossachs trail leaflet and visitor hub information panels launched

The latest phase of the ambitious £1.5 million plans to upgrade visitor infrastructure and to showcase the birthplace of Scottish tourism in the heart of the Trossachs, as part of the Trossachs Trail Visitor Management Programme, has taken a major step forward in recent weeks.

Two local charities - Friends of Loch Lomond and The Trossachs and Sir Walter Scott Steamship Trust - have joined forces to launch an attractive new Trail leaflet and map and to install new information boards at busy visitor hubs.

The Steamship Trust has also secured a VisitScotland stage one approval from the Rural Tourism Infrastructure Fund for the imaginative Trossachs scenic tower and lookouts above Trossachs Pier. This follows on from an earlier £375,000 grant award for a £650,000 package of car park, toilet and signing improvements along the 40-mile Trossachs Trail and the current investment of £500,000 in the Steamship Sir Walter Scott restoration following a successful public fundraising appeal.

James Fraser, Chair of the Friends and CEO of the Steamship Trust said: "We recently reached a major milestone with Trossachs Trail improvements in good time to welcome the return of overseas visitors to the Trossachs. Last year we produced a series of map panels and refreshed Trail signing to help visitors explore the Trossachs and make the most of their stay but, following repeated requests to convert the useful map into a handy leaflet, we have recently printed and distributed 20,000 copies for use by local information centre staff and 100 other outlets in and around the Trossachs that welcome visitors.

This would have not been possible without the funding support of the Friends and the Steamship Trust charities as well as the Strathard and Callander Community Hydro Funds. Recent funding awards have also enabled some large information and map boards to be installed at busy visitor hubs such as Trossachs Pier and Stronachlachar Pier."

Anne Gordon, Manager of Callander's community run Visitor Information Centre said: "The availability of such a useful map with details of the places to visit and things to see and do in the Trossachs is proving to be invaluable in assisting visitors. Visitors used to regularly take photos of the map panel showcasing the Trossachs in the Visitor Centre and we received repeated requests for a leaflet version of the map which thankfully is now available and flying off the shelves."



### The Trossachs Tour

The Trossachs Trail is based on the famous Trossachs Tour popularised by Sir Walter Scott and other writers in the 1800s which helped the area become famous and led to the growth of Callander and Aberfoyle and the development of other small villages with hostelrys along the way.

Meanwhile, work on major car park and visitor hub infrastructure projects at Ben A'an and Stronachlachar Pier has been completed and the plans for the reinstatement of the historic Roderick Dhu Watchtower path leading to a famous Trossachs viewpoint, credited with being 'the birthplace of Scottish tourism', and

various other improvements at Trossachs Pier are on target to get underway later this year.



## Local Information

### Emergency Services: 999

#### Callander Police: 101

Local Council Office & Registrar:  
[01877 33004](tel:0187733004)

Social Work: [01786 471177](tel:01786471177)

Post Office: [01877 330267](tel:01877330267)

Stirling Council: [01786 404040](tel:01786404040)

### National Health

Callander Medical Practice [01877 331000](tel:01877331000) (Prescriptions (10.00am till 3pm))

District Nurse [01877 330150](tel:01877330150)

NHS 24 [111](tel:111) or [www.nhs24.scot](http://www.nhs24.scot)  
[www.nhsinform.scot](http://www.nhsinform.scot)

Callander Dental Practice [01877 330703](tel:01877330703)

### Chemists

Farrens **M-F** 9-6 **S** 9-5 [01877 330132](tel:01877330132)

Trossachs **M-F** 9-1 2-6 [01877 330016](tel:01877330016)

### Vets

Callander: [01877 381213](tel:01877381213)

### Schools

McLaren High: [01877 330156](tel:01877330156)

Callander Primary: [01877 331576](tel:01877331576)

## Callander Kirk

### The Church of Scotland,



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Please Join us every Sunday  
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on facebook and on Youtube channel  
Every third Sunday of the month  
6.30pm Communion on-line  
First Sunday of month service at  
Trossachs Church 3.00pm

Rev Jeffery McCormick BD  
[jmccormick@churchofscotland.org.uk](mailto:jmccormick@churchofscotland.org.uk)

[01877 330474](tel:01877330474)

Church Office/Hall Bookings:  
[callanderkirk@btconnect.com](mailto:callanderkirk@btconnect.com)



## Callander Baptist Fellowship

We warmly welcome folks to join us  
in worship on a Sunday afternoon.  
This takes place in St Andrews  
Church Hall at 4.00pm,  
Our weekly prayer meeting remains  
on a Monday evening at 8.00pm on  
zoom. Please contact :  
[callanderbaptistfellowship@gmail.com](mailto:callanderbaptistfellowship@gmail.com)  
for full details of times and venues.

### Bin Collections

Bins are now collected on a  
Saturday or a Tuesday. The day is in  
the week following these Sundays

#### September

Brown/Green Bins Sunday 18th  
Grey/Blue Bins Sunday 25th

#### October

Brown/Blue Box Sunday 2nd  
Brown/Green Bins Sunday 16th  
Grey/Blue Bins Sunday 23rd  
Brown/Blue Box Sunday 30th

[www.stirling.gov.uk/waste](http://www.stirling.gov.uk/waste)

### Lagrannoch WRC Opening times

- Monday - Friday 5.00pm to 7.30pm
- Saturday 10.00am-1.30pm
- Sunday closed
- Lagrannoch depot [01877 330492](tel:01877330492)  
Also for sandbags and grit
- Stirling Council Main number [08452 777000](tel:08452777000) (Functions as emergency  
number from 5.00pm to 9.00am and  
over weekends. Also use for non-col-  
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Revd Jon Connell h: [01877 382887](tel:01877382887)  
m: [07983 897 841](tel:07983897841) or

Liz Balding Secretary to St Andrew's  
Vestry m: [07825 635 428](tel:07825635428)

[www.standrewschurcheallander.co.uk](http://www.standrewschurcheallander.co.uk)

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## St Joseph's Catholic Church

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Callander

Thursday Mass 10.00 am

Saturday Vigil Mass (May - Sept 5.30  
pm)

Sunday Holy Mass 11.30 am

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website: [www.stfdac.co.uk](http://www.stfdac.co.uk) or call  
[01877 330702](tel:01877330702)

Rev Leszek Wiececzek S.A.C.

### Recreation

Rail Enquiries: [0845 7484950](tel:08457484950)

Bus Station (Stirling): [01786 446474](tel:01786446474)

Travel Line Scotland: [0870 6082608](tel:08706082608)

Leisure Centre: [01877 330000](tel:01877330000)

Library: [01877 331544](tel:01877331544)

Visitor Information Centre: [07727 288 585](tel:07727288585)

### Floods & Environment

SEPA emergency: [0800 807060](tel:0800807060)

SEPA website:

[www.sepa.org.uk/flooding/index.htm](http://www.sepa.org.uk/flooding/index.htm)

Floodline: [0845 9881188](tel:08459881188) Select  
option 1 followed by: [06213 121](tel:06213121) (the  
Teith at Callander)

Scottish Water emergency  
information re flooding from mains  
or sewers: [0800 0778778](tel:08000778778)

### Location of defibrillators

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The Post Office

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## BLV DEADLINES

The next issue of the Ben Ledi View  
will be published on **Friday 2nd  
December 2022.**

### Advertisements copy & artwork

Please send all advertisement copy  
for the **Oct/Nov** issue to our  
Advertising Co-ordinator Nina Taylor  
at:

[advertising@benlediview.org](mailto:advertising@benlediview.org) by  
**Wednesday 2nd November 2022**

Full details of sizes for advertise-  
ment and artwork specifications are  
at [www.benlediview.org](http://www.benlediview.org) under the  
Advertise tab. Please call or email  
for advice if in doubt.

We request full payment before we  
can accept advertising material for  
publication.

### Editorial copy

All editorial contributions for the  
**Oct/Nov** issue should be emailed to  
[editor@benlediview.org](mailto:editor@benlediview.org) or handed  
in to the Callander Library by **Friday  
4th November 2022.**

Items received after the deadline  
may be held over to next issue.

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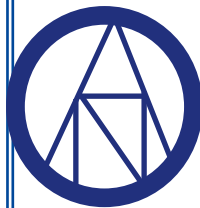
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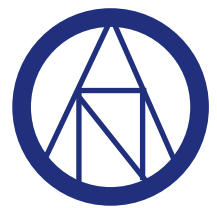
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